



**HEAVY METAL POLLUTION IN WATER,
SEDIMENT, AND FISH OF THE KAPTAI LAKE:
ASSESSMENT OF CONCENTRATION,
ENVIRONMENTAL IMPACT AND HEALTH
IMPLICATIONS**

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Roll No.: 0123/03

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Session: 2023-2024

**A thesis submitted in the partial fulfillment of the requirements for the degree of
Master of Science in Fisheries Resource Management**

**Department of Fisheries Resource Management, Faculty of Fisheries
Chattogram Veterinary and Animal Sciences University
Chattogram-4225, Bangladesh**

JUNE 2024

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This is to certify that we have examined the above Master's thesis and have found that is complete and satisfactory in all respects and that all revisions required by the thesis examination committee have been made

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ACKNOWLEDGEMENTS

All praises and gratitude to the Almighty Allah Subhanahuwata'ala for granting her the ability, strength, and perseverance needed to complete her Master's course and submit this thesis on schedule for the Master of Science in Fisheries Resource Management degree.

The author expresses her deepest gratitude and indebtedness to **Dr. Sk Ahmad Al Nahid**, Professor and Dean of the Faculty of Fisheries at Chattogram Veterinary and Animal Sciences University (CVASU), for being an outstanding mentor and research supervisor. His leadership, constructive criticism, insightful advice, and consistent inspiration have been priceless.

The author also conveys her sincere appreciation to Mrs. **Shahida Arfine Shimul**, Assistant professor and head of the Department of Fisheries Resource Management, CVASU, her respected teacher and research co-supervisor, for her supportive nature, helpful advice, perceptive suggestions, and continuous guidance.

The author is grateful to **Taposh Kumar Chakraborty**, Assistant Professor of the Department of Environmental Science and Technology at Jashore University of Science and Technology, for his colossal help in methodology development. His unwavering support has been crucial in shaping the direction of this research.

Special recognition is extended to **Saifuddin Rana** and **Antar Sarkar**, Lecturers in the Department of Fisheries Resource Management, CVASU, for their insightful feedback, continuous support, and suggestions for improving the research content.

The author expresses gratitude to Bokhteyar Hossain, the lab technician, and the Aquatic Ecology Laboratory team for their diligent cooperation in laboratory analyses.

Grateful acknowledgement is extended to **Sadia Tahosin**, **Sinthia Chawdury**, and **Saykat Taluktdar** for their unwavering assistance during the study period. Finally, the author appreciates her loving parents and family members for their unbounded love, blessings, care, persistent efforts, heartfelt prayers, and steadfast support during his academic journey

The Author

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LIST OF ABBREVIATIONS

ABBREVIATION	FULL FORM
mg	Milligram
Kg	Kilogram
L	Liter
CF	Contamination Factor
CSF	Cancer Slope Factor
SEL	Severe Effect Level
PEI	Probable Effect Level
TEL	Threshold Effect Level
TRV	Toxicity Reference Value
DWSB	Drinking water Standard Bangladesh
PLI	Pollution Load Index
As	Arsenic
Ni	Nickel
Cu	Copper
Cd	Cadmium
Pb	Lead
Cr	Chromium

ABSTRACT

The presence and concentration of heavy metals from water, sediment, and eight selected fish species from Kaptai Lake were investigated. The sampling sites were categorized as Tourist (Shubholong Waterfall, Julonto Bridge, and Buddha Mondir), Non-tourist (Borokoler much, Chilar dam, Hazari Bazar), and Market (BFDC Fish Market, Shubholong Market, Reserve Market). The study was conducted from July to December 2023, and sampling was carried out on July 2023. The concentration of heavy metals in water (mg/L) sediment (mg/kg) and eight fish species on a dry weight basis (mg/kg) of Kaptai Lake were determined by Atomic-absorption-spectrophotometer (AAS) (Model: AA-7000. SHIMADZU, Japan). Six heavy metals such as Arsenic (As), Cadmium (Cd), Chromium (Cr), Nickel (Ni), Lead (Pb) and Copper (Cu) in sediment, water, and fish species were investigated from Kaptai Lake. No significant variation ($P>0.05$) in heavy metal concentration was found among the sites in sediment and water samples. The decreasing trend of the mean concentration of metals was observed in water (mg/L) as $Cu>Cr>Ni>Cd>Pb>As$ and in sediment (mg/kg) $Cr >Ni >Cu > Pb >As >Cd$. The Cu, Cd, and Pd levels in water samples exceeded the safe drinking water limits, indicating that water from this river was unsafe for drinking and cooking. While in sediment, the concentration of Ni (mg/kg) was higher than PEL, TEL TRV, and Cd (mg/kg), and Cr (mg/kg) was higher than TEL and TRV, indicating adverse biological effects on the Kaptai Lake. The sediment's pollution load index ($PLI>1$) stated the advanced decline in sediment quality. The sum of average metal concentrations ($\sum 6HM$) followed the descending order of *L. rohita* (17.578) $>G. chapra$ (15.031) $> O.pabda$ (14.801) $> L. calbasu$ (9.125) $> P pangasius$ (7.616) $>M. tengra$ (6.022) $> S. aor$ (5.840), *H.fossilis* (5.55) mg/kg. Maximum allowable concentration was lower in all metals except Pb in eight species. A potential non-carcinogenic risk was indicated that the target hazard quotients (TTHQ) of all fish species exceeded the safe limit of 1.0. Furthermore, the target cancer risks (TR) of all metals were greater than the acceptable risk limit (10^{-4}) in all fish species, indicating that their long-term consumption could potentially result in chronic cancer risk for adults.

Keywords: Kaptai Lake, Heavy metal, Water, Fish, Sediment