A Clinical report on:

Study on Complication and Management of PPR



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# A CLINICAL REPORT SUBMITTED

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**ABSTRACT**

The study was carried out due to know the complications and management of Peste des Petits Ruminants (PPR) at Upazila veterinary hospital, Miroshora. The study population was comprised of 46 goats and the disease was diagnosed on the basis of clinical history and clinical findings. Prevalence of PPR was found in 57% cases of which 33% goat were died. PPR was found higher in non vaccinated goat which was statistically significant (P<0.05). The disease was complicated with gastrointestinal parasit**e** (45%) and myiasis (29%).complication may occur after recovery from PPR due to improper treatment and management. To reduce the infection rate successful vaccination program to healthy animal and quarantine the affected animal will help to control the PPR.

**Key words:** PPR, complication, management,vaccination, Miroshorai.

**CHAPTER-1**

**INTRODUCTION**

Peste des Petits Ruminants (PPR) is a name of a Rinderpest-like disease in sheep and goats caused by PPR virus (PPRV), a ribonucleic acid virus belonging to the genus *Morbillivirus* and family *Paramyxoviridae* which was first described in Ivory Coast, West Africa in 1942. It is an acute, highly contagious viral disease which mortality rate is so high. For many years, PPR was considered as an African disease localized mainly in western and central Africa (Losos, 1989). Initially described in 1942 (Gargadennec and Lalanne, 1942), PPR has long been considered as confined to West Africa. More recently, it has become endemic across Sub- Saharan Africa, the Middle East, the Arabian Peninsula, Turkey, Iran, Iraq, Pakistan, India, Bangladesh, Tajikistan and Kazakhstan in Central Asia (Taylor and Barrett, 2007). In India, although PPR was believed to have been present in southern India prior to the late 1980s, the disease was not officially recorded in this region until 1987. Presently, PPR outbreaks are reported regularly and the disease is considered to be endemic throughout India ( Singh *et al.,* 2004). The existence of PPR in goats has been recognized and confirmed in Bangladesh by the World Reference Laboratory, National Reference Laboratory for PPR, Greifswald, as early as 1993 (Sil *et al.,* 1995). It was found that the isolates from Bangladesh were closely related with other strains from India and clustered within the Asian group of PPR viruses (Barrett *et al.,* 1997). PPRV mostly affects sheep and goats although goats are often more severely affected than sheep (Albina *et al*., 2012). In unprotected animals the morbidity can be up to 100% and mortality may vary from 20 to 90% and in severe outbreaks with 100% case fatality particularly in goats . Goats and sheep are the natural hosts of PPR, but goats appear to be more susceptible and suffer a more severe clinical disease than sheep. In endemic areas, goats more than 4 months up to 24 months age are affected (Samad, 2008).

Clinically, it is an acute or sub-acute viral disease of goats which results sudden dullness in infected animals, with high fever and inappetence. One or two days later, congestion of oral, ocular and nasal mucosae leads to serous discharges that later on become more abundant and mucopurulent (Roeder and Obi, 1999 ). Bronchopneumonia, revealed by productive cough and dyspnea, and diarrhea usually appears 3 days after the oral lesions. As a consequence of pneumonia and dehydration caused by diarrhea, severely affected animals may die within 5–10 days after the onset of clinical signs (Diallo, 2006). Abortions are often observed during PPR outbreaks, caused by PPRV alone or in combination with other pathogens (Kulkarni *et al.,* 1996; Abubakar *et al.,* 2008). At an early stage of infection, virus excretion is massive in the exhaled air. Nasal and ocular discharges, saliva, and feces also contain large amounts of virus (Abubakar *et al.,* 2012).

Necropsy of diseased goats revealed congested and consolidated pneumonic lungs, generalized enlargement of lymphnodes accompanied with necrosis and congestion of some lymphnodes, atrophied congested spleen and haemorrhagic gastroenteritis (Khan *et al*., 2005). Hemorrhagic ulceration is marked in the ileocecal region, colon and rectum where they produce typical “zebras stripes” (Radostits *et al.,* 2005).

Control of PPR is based on a concerted effort of vaccination and sanitary measures. At present homologous PPR vaccine has been practiced against PPR to make up strong immunity in Bangladesh. Ravages caused by PPR act as one of the prime production limiting factors in goats all over the world. Infectious and contagious diseases are important impediments to the economical rearing of small ruminants (Radostits *et al.,* 2000). Among these diseases, Peste des petits ruminants (PPR) has become a concern because it causes heavy economic losses. In this study efforts have been made to estimate the prevalence of PPR of goats in UVH, Pabna Sadar, Pabna of Bangladesh. In this report the diagnosis was based on owners complain, clinical history, clinical signs.

With the background mentioned above this study was undertaken with the following specific objectives:

* To know the prevalence of PPR affected goat in UVH, Miroshorai,Chittagong
* To know the complication and management associated with PPR

**CHAPTER-2**

**MATERIALS AND METHODS**

**3.1 Location and duration of the study**

The study was conducted in different breeds of goats registered at the Upazilla Veterinary Hospital, Miroshorai, Chittagong from 6 March 2017 to 6 April 2017.

**3.2 Study population**

The study was conducted on natural PPR infected goats of various age, sex and breed that were brought to the Upazilla Veterinary Hospital. During the study period about 80 goats were brought for treatment pupose among them 46 goats were recorded as PPR affected.

**3.3 Case definition**

Diagnosis was made by means of Anamnesis and clinical signs. A PPR case was initially suspected if an animal showed signs of fever in the initial stage followed by pneumoenteritis evidenced by nasal and ocular discharges, conjunctivitis, erosion in oral mucosa, dyspnoea, diarrhea, dehydration, generalized weakness and finally death. The degree of dehydration was estimated by conventional skin fold test. All the clinical signs were properly noted in the record sheet. Sometimes the tentative diagnosis was supported with post mortem examinations.

Clinical examinations of PPR cases

**3.4 History**

Data were recorded by interviewing the owners regarding the breed/sex/age of the animals; probable date of clinical onset of the disease with the signs like fever, nasal and ocular discharges, diarrhea, depressed appetite from the last two or three days of clinical onset.

Clinical examination:

The following clinical examinations were done carefully and the findings were recorded.

Distance inspection

The posture and gait of each animal was inspected by careful observation from distance.

**4. Close inspection**

Close inspections were performed properly in order to observe the presenting signs such as a sharp rise of temperature of 104°F – 106°F, oculonasal discharge, diarrhea, respiratory distress and any other significant clinical signs.

Temperature

Per rectal temperature was recorded with the clinical thermometer

Indirect auscultation

Normal and abnormal sound of respiratory and cardiovascular system were observed initially by direct hearing and then with the help of stethoscope.

Dehydration test

On the basis of skin fold test three types of dehydration were examined namely

* Severe dehydrated
* Moderate dehydrated
* Slight dehydrated

Clinical signs and symptoms:

the following clinical signs were observed while treating the patients :

1. Markedly depressed and dull appearance
2. Rough hair coat
3. Thick serous or purulent discharge from the eyes and nose
4. Sudden high fever ( 104˚-106˚ F), remaining high for 5 to 8 days, will return to normal before recovery or drop below normal before death.
5. Anorexia, severe dehydration and emaciation followed by hypothermia.

The mucous membrane of the mouth and eyes become much reddened and small pinpoint grayish areas appeared on the gum, dental pad, palate, lips, and upper surface of the tongue and characteristics foul smell came out from mouth.

1. Faces were semisolid and liquid brown, yellow and black colored, watery foul smelling and contain blood streaks and pieces of dead gut tissue.
2. In severe cases, difficulty in breathing marked by extension of head and neck, dilation of nostril, protrusion of the tongue and soft painful coughs.

**5.1 Treatment**

After the presumptive diagnosis supportive treatment was given to the patients:

1. Antibiotic / Sulphur drug
2. Respiratory stimulant
3. Fluid therapy

**5.2 Vaccination history of PPR**

Each owner was asked about previous vaccination history of his or her goats suffering from PPR and 18 goats were vaccinated and remaining 28 goats were non vaccinated among the handled goats of different breeds.

**5.3 Complications**

The affected goat had signs of pneumonia like difficult and noisy breathing marked by extension of the head and neck, dilation of nostrils, protrusion of tounge and soft painful cough. Because of secondary bacterial infection, ulceration was found in mouth and nose. Feces contain blood streaks and pieces of dead gut tissue. Appearance of a serous to mucopurulent nasal discharge which crust over and occlude the nostrils, sneezing, ocular discharge resulting in matting of the eyelids. Malnutrition due to parasite infestation was aggravate PPR. Sometimes maggot may developed in anus region.

**5.4 Management**

PPR is one of the contagious viral disease. So doctor suggested to restrict the affected animal movement. Affected goats were kept in quarantine measure. As there was no specific drug for PPR so supportive treatment was given as antibiotic for secondary bacterial infection, fluid therapy, respiratory stimulant. If any goat were complicated with maggot infestation then that animal treated with oil of turpentine locally, ivermectin. To prevent the secondary bacterial infection suggested antibiotic. Respiratory stimulant used for the respiratory problem.

Chapter-3

**RESULTS AND DISCUSSION**

The study was conducted among the naturally infected PPR goats of different breed, sex and age that were brought to the Upazilla Veterinary Hospital March 2017 to April 2017. Every goats registered here was clinically examined during the course of study. The investigation was carried out to determine the prevalence of PPR in relation with age, sex, vaccination status and to record clinical signs, complication and management. A number of 80 goats of different breeds were brought to the hospital, of which 46 goats of different breeds were examined, treated and followed up as PPRV affected goats.

Prevalence of PPR:

A total of 80 goats were brought to hospital among them 46 goats were PPR affected. The overall prevalence of PPR during the study period was estimated as 57%. (Table: 1)

Table 1: Overall overview of PPR affected goat in the study

|  |  |  |
| --- | --- | --- |
| Total No. of goat in UVH | No. of PPR affected goat | Prevalence of PPR (%) |
| 80 | 46 | 57% |

The prevalanceof PPR is little bit higher in female than male (Table 2). The female goat showing higher rate (65%) compared to male (35%). The prevalence among different age group of animal are also demonstrated in Table 2. Among the 46 affected goats 67% is below 1 year and 33% are above 1 year.

Table 2: Effect on PPR in different age and sex

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| No. of PPR affected goat | Age of goat | | Sex | P value |
| <1year | ≥1year |
| 46 | 31 (67%) | 15 (33%) | Male 16 (35%) Female 30 (65%) | 0.33 |

Table 2 showing the percentages of PPR on the basis of Sex. The disease was 69% in female and 31% in male. The fact that small ruminants producers keep more females for breeding purposes may explain this observation. Hence, the probability for females getting exposed to PPRV throughout their life time is more, than for males (Abdalla *et al*., 2012).

|  |  |  |  |
| --- | --- | --- | --- |
| Total No. of PPR goat | Vaccinated | Non vaccinated | P value |
| 46 | 18 (39%) | 28 (61%) | 0.008 |

Table 3: PPR in vaccinated and non vaccinated goat

Impact of vaccination in the prevalence of PPR are illustrated in Table 3. The rate of vaccination against PPR among rural community is very poor. Among 46 cases, only 18 cases having the history of vaccination. The prevalence of PPR in the vaccinated group (39%) is much lower than that of non vaccinated group (61%) which is statisticaly significant P value.

Table 4: Complication in PPR affected goat

|  |  |  |  |
| --- | --- | --- | --- |
| Total PPR affected goat | Parasitic infestation | Myiasis | Dead |
| 46 | 21 (45%) | 13 (29%) | 15 (33%) |

On the other hand, most of the cases are complicated with other diseases. Among them 45% and are, parasitic infection and 29% were myiasis. Among 46 PPR affected goat 33% were found dead.

**PPR Infected goat**



**b**

**a**





**d**

**c**



**f**

**e**

**Plate- 1: Clinical signs of PPR affected goats.** **( a )** Goat showing ocular discharge **( b )** Goat showing nasal discharge **( c + d )** oral lesions (erosions) in PPR affected goat **(e )** Diarrhoea in PPR affected goats **( f )** PPR affected goat having high fever .

Some complications

**b**

**a**



**Plate- 2: Complications of PPR affected goats.** **( a+b )** Goat showing myiasis in anal region **( c+d )** Goat showing ulceration in mouth and tounge.

**d**

**c**

**Comparative analysis of PPR on Age:**

It is reported that the age between 4 to 12 months were more prone to PPR than older ( > 1 year) (Gupta *et al,* 2007). Singh *et al.* (2004) also assessed that the disease is most prevalent in the goats less than one year of age. The increased susceptibility of young goats were might be due to malnutrition, poor immunity and poor management systems (Sarker and Islam, 2011).

**Prevalence of PPR based on Immunization status:**

According to vaccination status, 65% prevalence was recorded for non vaccinated goats and 26% prevalence was recorded despite of vaccination showing in Table 1. This result supports the early reports of (Islam *et al*., 2012) where the prevalence of PPR is higher (66.40%) in non-vaccinated as compare with vaccinated (19.56%) animals. (Gibbs *et al.,* 1979) also found higher prevalence of PPR in the non vaccinated goat population. Current study present the disease differ significantly ( P<0.05) between vaccinated and non vaccinated goats as non vaccinated animal were higher in risk. It may be due to lack of antibody level in non vaccinated animals. Vaccination against the disease leads to decrease the prevalence, but not gives guarantee. (Banik *et al.,* 2010) detect the protective level of antibody against PPR in the vaccinated goats indicates that the vaccine has actively stimulated the immune system in the inoculated animals against PPRV. This findings support the earlier observation of (Das *et al*. 2012) who reported the efficacy of PPR vaccine against natural PPR infection.

**Complications:**

Severely affected cases show difficult and noisy breathing marked by extension of the head and neck, dilation of the nostrils, protrusion of the tounge and soft painful cough. They have obvious sign of pneumonia. A clear watery discharge starts to issue from the eyes, nose and mouth, later becoming thick and yellow because of secondary bacterial infection. The lining of the mouth is changed in appearance. Myiasis occur in anal region due to excessive diarrhea.Some bacteria usually find their way into underlying epithelial surfaces of pneumonic lungs damaged by viral or parasitic agents and hence complicate the infection (Adekeye, 1984; Al-Tazari 1997).

The prognosis of acute PPR is usually poor. The severity of the disease and outcome in the individual is correlated with the extent of the mouth lesions. Prognosis is good in case where the lesions resolve within 2 to 3 days. It is poor when extensive necrosis and secondary bacterial infections result in a fetid odor from the animals mouth.

The parasites reduce immunity by causing malnutrition in animal because some gastrointestinal parasites serious blood suckers (Githigia *et al.,* 2001). The parasites cause serious malnutrition, it may predispose the PPR virus causing acute and severe infection.Poor nutritional status, stress of movement, and concurrent parasitic and bacterial infections enhance the severity of clinical signs of PPR disease (Rautmare, 2010). Parasite reduce immunity by causing malnutrition in animal because some gastrointestinal parasites serious blood suckers (Githigia *et al*., 2001). Parasite cause malnutrition so any viral disease may cause severity (Al-Quaisy, *et al*., 1987).From these observations it can be said that history of previous disease exposure and the history of no deworming enhance the PPR disease susceptibility.

**Management:**

There are no known effective drugs against of this disease. However, hyperimmune serum and supportive treatment with fluid therapy for dehydration and to prevent secondary bacterial infection used antibiotics to save the life of the infected goats. If affected goat are treated within 1 week then the goat may recover easily. The outbreak of this disease causes a heavy economic loss in Bangladesh. To control this disease use PPR TC vaccine used which produced by LRI. Kids and lambs should be vaccinated at 3-4 months of age.

Currently Bangladesh government has taken a national scheme of poverty alleviation through goat rearing. The total program will be nill and void if the disease will not control in Bangladesh. PPR is immunologically similar to rinderpest and produce solid immunity so prevention of the disease by vaccination is easier than any other method (Sil, 2000).

Hyperimmune serum can be used successfully along with long acting antibiotic to limit the spread of virus and recover those animals, which are under incubation and in early stage of infection. Good nursing, symptomatic treatment with broad-spectrum antibiotic/sulphur drugs can save life of sick animal of and can improve the immunosuppressive condition of the affected goat (Sil et al.,2006 and Scott,2000).

Vaccination contributes to lowering Peste des petits ruminans outbreak in goats (Taylor *et al*., 1990 and Majiyabe *et al*., 1994). Recently a homologous PPR vaccine has been developed. This vaccine of choice is becoming increasingly available. The vaccine can protect small ruminant against PPR for atleast three years (Roeder, P.L. and Obi, T.U. 1999). PPR being an exotic disease in Bangladesh, there is a very little knowledge about its epidemic nature, diagnostic techniques and control strategy.A control programme using locally produced tissue culture live attenuated rinderpest vaccine, as well as imported rinderpest vaccine were adapted against PPR in this country, but failed (Sil *et al*., 1995). The efficacy of the thermo stable PPR vaccine incubated at room temperature for 14 days. Hyper immune serum can be used successfully along with long acting antibiotic to limit the the spread of virus and recover those animals which are under incubation and in early stage of infection. Good nursing, symptomatic treatment with broad spectrum antibiotic, sulphur drugscan safe life of sick animal and also can improve the immunosuppressive condition of the affected goat (Sil, 2000).

**Limitation of the study:**

During the course of examination, all aspects were observed carefully but there is also some limitations that influence the present study. The duration for the study of disease was short that may results improper estimation, fluctuation in seasonal variation, sometimes diagnosis was made through tentative variables, inappropriate data collection, small number of sample size etc were limitate the study.

**CONCLUSION**

PPR is highly contagious disease with higher mortality and morbidity in goat. In this study it is revealed that younger (<1year) goats were more susceptible than older age. The occurance of PPR were higher in non-vaccinated animal than vaccinated goats. Most of the cases are complicated with other disease. Complication like severe gastrointestinal problem due to parasite, secondary bacterial infection like pneumonia, myiasis in nasal and anal region may occur. No deworming history is act as predisposing factor of PPR. The goats which had previous disease exposure history were more susceptible to PPR than those goats which had no history of disease exposure. It was also observed that vaccination reduces the PPR disease susceptibility. Although against virus, there is no specific treatment, combined therapy containing antibiotic, antihistamines as well as fluid therapy noticed line of treatment in PPR infection of goat. PPR causes heavy economic losses in every year especially in winter and rainy seasons and also decreases the productive performances of goat. A great deal of more research into this aspect of the disease is urgently required. So, Proper surveillance and regular vaccination program should be taken to eradicate PPRV throughout the country.

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